

## Baystate Gastroenterology

Test location: Chestnut Surgical Center, 759 Chestnut Street, Springfield, MA 01199

Questions? Need to change your appointment? Call us at (413) 794-7364

### **Rectal Endoscopic Ultrasound Preparation**

1. Purchase two Fleet enemas from the local pharmacy. This is an over-the-counter medication that does not require a prescription.
2. You **MUST STOP TAKING:**
  - Coumadin/Warfarin 5 days prior to the procedure
  - Aspirin, Plavix, & Ibuprofen products 3-4 days prior to the procedure
3. **YOU MUST** take all of your other medications, except as noted above or as directed by your physician.
4. The day before the procedure you may have a normal diet.
  - If your procedure is scheduled for the morning, do **NOT** eat or drink after midnight.
  - If your procedure is scheduled for the afternoon, you may have a light breakfast before 8 AM.
5. Two hours before the procedure, take one of the Fleet enemas according to the directions on the container.
6. Take the second enema half an hour after the first.