

## Baystate Gastroenterology

Test location: Chestnut Surgical Center, 759 Chestnut Street, Springfield, MA 01199

Questions? Need to change your appointment? Call us at (413) 794-7364

### **Instructions for Upper Endoscopy Preparation**

1. You **MUST STOP TAKING:**
  - Coumadin/Warfarin at least 3-4 days prior to the procedure
  - Aspirin & Ibuprofen products 3-5 days prior to the procedure
  - Plavix 5-7 days prior to the procedure
2. You **MUST TAKE** all of your other medications (with a *small* amount of water), except as noted above or as directed by your physician.
  - For patients using Insulin, we recommend half the usual dose of long-acting insulin and no short-acting insulin on the day of the procedure.
3. Do **NOT** eat or drink anything after midnight before the procedure. If your procedure is in the *afternoon*, you may have clear liquids between midnight and 8 AM.
4. Arrange for a ride home after your procedure. You will be sedated and unable to drive for 24 hours after the procedure.