

Maternal Fetal Medicine – Patient Services

Bedrest Survival Guide and Kit

Patients receiving prenatal care from Maternal Fetal Medicine may be on bedrest for complications of their pregnancy. These patients receive a packet of information related to coping with bedrest, supportive services and other educational information. If they are unable to attend childbirth classes due to bedrest, they may also borrow a basket of books, videos, and packets related to childbirth education.

Childbirth Education Kit

Patients unable to attend childbirth classes due to bedrest, may borrow a basket of books, videos, and handouts relative to childbirth education.

Inpatient Consultation Service

Consultation by a Maternal Fetal Medicine doctor is available to all patients who are admitted to the hospital with complications of pregnancy.

Multiple Gestation Packs

Families who receive prenatal care through Maternal Fetal Medicine may receive packets of information specific to twins and triplets. This includes handouts addressing appropriate weight gain, dietary needs, risk factors and prenatal care plans unique to multiple gestations.

Patients also receive information on childbirth education which are classes specifically designed for multiple gestations. Support groups, books, magazines and other services for families expecting twins and triplets are also included in the packet. Perinatal nurses are also available during prenatal visits to discuss issues and answer questions on a one-to-one basis.

Perinatal Diagnostic Center

The Perinatal Diagnostic Center provides health care to pregnant women and women at risk for pregnancy related complications. The following on-site services are available:

- Ultrasound of the pregnancy and fetus
- Fetal echocardiogram
- Nonstress testing
- Biophysical profile (BPP)
- Doppler studies in pregnancy
- Amniocentesis
- Chorionic villous sampling (CVS)
- Fetal blood sampling
- High risk pregnancy counseling
- Genetic consultation and testing

The Perinatal Diagnostic Center is staffed by physicians, perinatal nurses, and sonographers who specialize in high-risk pregnancy services. The physicians are certified by the American Board of Obstetricians and Gynecologists in the subspecialty of Maternal Fetal Medicine. The Perinatal Diagnostic Center is certified by the American Institute of Ultrasound in Medicine.