

MAKING THE CASE FOR ANNUAL MAMMOGRAMS

Now retired after working for 32 years in the Radiology Department at Baystate Mary Lane Hospital, Martha “Marty” Tombor says, “When I was working, an annual mammogram was a given thing and I never missed a year. After I retired, when I finally got around to making an appointment for my annual screening mammogram, I was surprised to learn that two years had passed.”

Tombor had her digital screening mammogram at Baystate Mary Lane Hospital. “I didn’t notice any changes or feel anything different,” notes Tombor, who also had no family history of the disease. After the test, she met radiologist Dr. Edward Ostrowski, who explained that she had a suspicious finding on her mammogram, in both breasts.

“I believe that mammogram saved my life,” says Tombor, whose days are now filled with the laughter and activity of being the grandmother of two boys under the age of four, and time spent doing the things she loves best with friends and family.

The experts at the Baystate Regional Cancer Program stand by the American Cancer Society guidelines, and recommend that all women have an annual screening mammogram starting at age 40 with no upper age limit.

To schedule an appointment:

- Baystate’s Comprehensive Breast Center, Springfield: 413-794-2222
- Baystate Franklin Medical Center, Greenfield: 413-773-2233
- Baystate Mary Lane Hospital, Ware: 866-531-8378

MARK YOUR CALENDAR for the 17th Annual Rays of Hope –A Walk Towards the Cure of Breast Cancer on Sunday, October 24!
(See page 13 for more information.)