

Health HAPPENINGS



BRUEGGER'S BAKERY BOTTOMLESS MUG CAMPAIGN

Purchase your Bottomless Mug thru January 31, 2012 at the Amherst and Northampton locations. A portion of the Bottomless Mug proceeds benefits Baystate Children's Hospital. Learn more at: Brueggers.com/bottomless-mug or [Facebook.com/baystatechildrenshospital](https://www.facebook.com/baystatechildrenshospital)

14th Annual

BAYSTATE HEALTH SENIOR CLASS GALA HOLIDAY BALL

Featuring the physicians of the Baystate Heart & Vascular Program, and the music of Dan Kane and Singers
Friday, January 6, Social Hour: 5-6 pm
Dinner & Dancing: 6-10:30 pm
Chez Josef, 176 Shoemaker Lane, Agawam
Cost: \$38 per person
To register: baystatehealth.org/seniorclass for registration form or call 413-794-5200

APHASIA CONVERSATION GROUP

This group may be helpful if you or a family member have difficulty communicating following a stroke, head injury, or other neurological problem.
Meets the 2nd Wednesday of the month, 1:30-3 pm
First meeting: Wednesday, January 11
Baystate Mary Lane Hospital
Speech/Rehabilitation Department
85 South Street, Ware
For information or to register: 413-967-2180. *FREE!*

11th Annual

94.7 WMAS RADIOTHON FOR BAYSTATE CHILDREN'S HOSPITAL

Thursday, February 16, 6 am-7 pm
Friday, February 17, 6 am-7 pm
Saturday, February 18, 8 am-4 pm
Pledge your support! Learn more at baystatehealth.org/radiathon or [Facebook.com/baystatechildrenshospital](https://www.facebook.com/baystatechildrenshospital)

12th Annual

KATELYNN'S RIDE

Registration Begins: Thursday, March 1
Registration Fee: \$50
Choose from scenic 10, 25, 50 or 100-mile routes to benefit the Children's Cancer Hope Fund. Learn more at Kride.org or find us on Facebook – search "Katelynn's Ride"

FREE BLOOD PRESSURE SCREENING

Every Thursday, 9 am-12:30 pm
Baystate Franklin Medical Center
164 High Street, Greenfield
No registration required

CHOLESTEROL SCREENING PROGRAM

First and second Wednesday of every month,
7:30-9:55 am
Cardiac Rehabilitation & Wellness
3300 Main Street, Springfield
Registration required: 413-794-2255. Fee \$10

15th Annual

RAYS OF HOPE SURVIVORS' DAY

Saturday, March 31
8:30 am- 2 pm
Mass Mutual Center, Springfield
\$25 registration fee.
For information or to register:
baystatehealth.org/raysofhope
or 413-794-9556



FREE HEARING SCREENINGS

Baystate Rehabilitation Care
360 Birnie Avenue, Springfield
Appointments: 413-794-2222
Baystate Rehabilitation Care
48 Sanderson Street, Greenfield
Appointments: 413-773-2227

PARENT EDUCATION

Baystate Health offers the region's most comprehensive selection of childbirth and parent education classes. For a complete list, visit baystatehealth.org/parented. For more information, specific dates and locations, or to register, call 1-800-377-4325.

