

# Bereavement Programs

*These programs  
are a community service  
of Baystate Visiting Nurse Association & Hospice.  
Programs are open to the community and are free of charge.*

## **Living with Loss**

*A drop-in support group for those coping with the loss of a loved one.*

1st Tuesday of each month

2:00 PM – 3:00 PM

**Facilitator:** Louisa Sapienza, Baystate Visiting Nurse Association & Hospice

**Where:** Glenmeadow, 24 Tabor Crossing, Longmeadow, MA, 01106

## **Losing Our Mothers**

*A drop-in Bereavement Support Group for women grieving the loss of their mother.*

1st Wednesday of each month, starting October 6, 2010

6:00 PM – 7:00 PM

**Facilitator:** Louisa Sapienza, Baystate Visiting Nurse Association & Hospice

**Where:** Glenmeadow, 24 Tabor Crossing, Longmeadow, MA, 01106

## **Loss of a Spouse/Partner**

*A drop-in support group for those coping with the loss of a partner or spouse.*

3rd Wednesday of each month, beginning July 21, 2010

6:00 PM – 7:00 PM

**Facilitator:** Louisa Sapienza, Baystate Visiting Nurse Association & Hospice

**Where:** Reeds Landing, 807 Wilbraham Road, Springfield, MA 01109

## **For more information, contact:**

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