

BAYSTATE REGIONAL CANCER PROGRAM  
Mary Lane Hospital  
85 South Street  
Ware, MA 01082

**SUPPORT GROUPS**

The following groups will be starting at Baystate Regional Cancer Program at Mary Lane Hospital. Contact Camille St.Onge, LICSW at 413-967-2245 for information on attending the groups.

1<sup>st</sup> Wednesday of Month

**General Cancer Support Group**, 11:00 – 12:30. Open to all cancer diagnoses.

3<sup>rd</sup> Wednesday of Month

**Expressive Writing Through Cancer**, 11:00 – 12:30: a 10 week, guided, topic-driven group for those experiencing cancer. Open to all cancer diagnoses.

4<sup>th</sup> Wednesday of Month

**Breast Cancer Support Group**, 11:00 - 12:30 open to all women with breast cancer regardless of stage of treatment.

2<sup>nd</sup> Tuesday of Month

**Partners in Caregiving**, 5:00 – 6:30: an early evening support group for caregivers of people with cancer.

2<sup>nd</sup> and 4<sup>th</sup> Tuesday of Month, 11:00 – 1:00: **Circle of Angels Quilting Support Group** for those who have been touched by cancer in their lives. Making quilts for patients undergoing cancer treatment. No experience with sewing or quilting is needed.

**Look Good Feel Better Program:** A 2 hour program every 3 months for women who are undergoing cancer treatment currently or within the last 12 months. The program focuses on skin and nail care tips, scarf and wig tips and makeup tips during the changes associated with cancer treatments.